

NORTH LAKE YACHT CLUB
REGULAR SEASON RACING SERIES
SAILING INSTRUCTIONS

LIABILITY DISCLAIMER Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The North Lake Yacht Club and race organizers (the organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor, or in the case of minors, each competitor's parent or guardian agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

1 RULES

- 1.1 All races will be governed by *The Racing Rules of Sailing (RRS) 2005-2008*, US SAILING Prescriptions and ILYA Scantling Rules, except as changed by these Sailing Instructions.
- 1.2 All rules of right of way that apply to boats of a given fleet will also apply to boats of other fleets.

2 NOTICES TO COMPETITORS AND CHANGES IN THE SAILING INSTRUCTIONS Notices to competitors and changes in the sailing instructions will be posted on the official notice board located at the launch site.

3 ELIGIBILITY

- 3.1 All skippers must be members of NLYC and have paid their dues and registration fees for the season prior to participating in any races.
- 3.2 Substitute skippers must also be members of NLYC, except one race per non-member per boat per season is allowed.
- 3.3 A boat will be considered registered in a series the first time it starts an official race in that series. Boats will be retroactively awarded a DNS for all races sailed prior to registration.
- 3.4 The Laser fleet is restricted to sailors age 16 to 25 as of January 1 prior to the sailing season. X boat sailors are permitted to also sail Lasers in their last year of eligibility for X boats.
- 3.5 The X boat fleet is restricted to sailors age 15 and under as of January 1 prior to the sailing season.

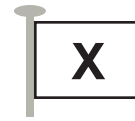
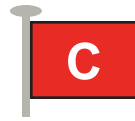
4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the Race Committee signal boat.
- 4.2 When the Postponement flag is displayed ashore, the time of the warning signal is changed from "1 minute" to "not less than 30 minutes". This changes RRS Race Signals.

5 SCHEDULE OF RACES All races and times for the first fleet's 5 minute warning signal are posted on the NLYC Calendar. Make up races are not required for cancelled or abandoned races. However, races may be rescheduled at the discretion of the Fleet Captain and Chief Judge.

6 LIFE JACKETS FOR THE X FLEET Coast Guard approved lifejackets shall be worn (as designed to be worn by the manufacturer) by all competitors from shore to shore. Flag "Y" will not be displayed. Life jackets may be removed for brief periods for the purpose of adding, removing or adjusting clothing. Boats failing to comply will be disqualified. This changes RRS 40.

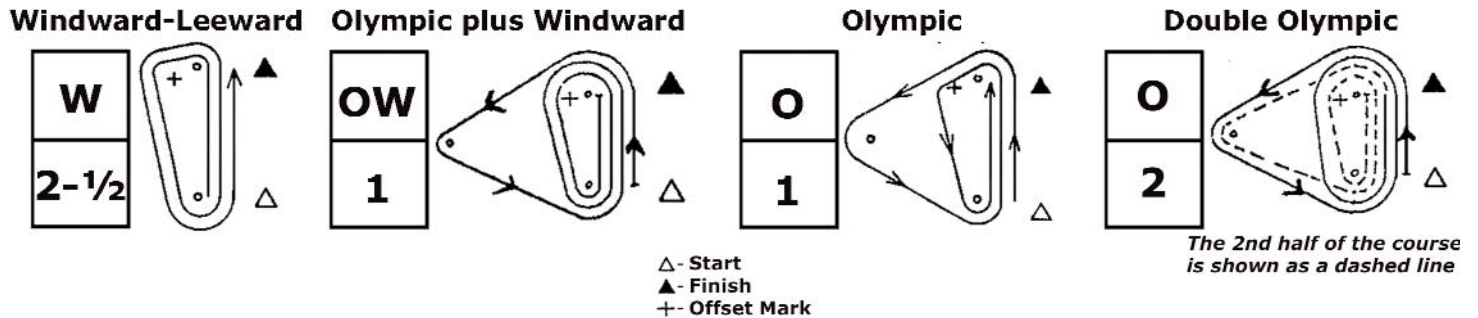
7 **CLASS FLAGS** Class Flags will be:



8 THE COURSES

8.1 The Race Committee will display with letters and numbers the course to be sailed.

8.2 Courses will be windward/leeward or olympic, or a combination of windward/leeward and olympic.



8.3 All marks will be rounded to port, except when a gate is used. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.

9 MARKS

9.1 Marks will be orange balls, and the offset mark will be an orange ball.

9.2 Minor adjustments in a mark's location will not be signaled. This changes RRS 33.

10 THE START

10.1 The start will be between a staff displaying an orange flag on the Race Committee signal boat and the course side of the port end starting mark.

10.2 All scheduled fleets will start in five minute intervals in the following order: C, MC, X, Laser. A fleet not sailing will cause the next fleet to move up in sequence. In the event of a general recall, the recalled fleet goes to the end of the starting order and the next fleet starts as usual.

10.3 A boat attempting to start more than 10 minutes after her starting signal shall be scored DNS. This changes RRS 26.

10.4 Following the display of the Individual Recall flag, the Race Committee will attempt to announce by hailing the racing number of boats identified on the course side of the starting line (a) at the starting signal, or (b) in violation of the Round-an-End Rule. This changes RRS 29.1 and RRS 30.1. Failure by the Race Committee to make this announcement, or of a boat to hear or understand it, will not constitute grounds for redress. This changes RRS 62.1(a).

10.5 The Round-an-End Rule is always in effect. This changes RRS 30.1

11 THE FINISH The finish will be between a staff displaying an orange flag on the Race Committee boat and the course side of the port end finish mark.

12 ABANDONMENT AND SAFETY When a race is abandoned due to foul weather or other safety reasons, all boats are to discontinue sailing and seek safe harbor. If this signal is made after one or more boats have finished, any boats not finished may be scored at the discretion of the Race Committee who may also order the race abandoned. This changes RRS 32.1.

13 TIME LIMITS

13.1 The time limit (start to finish of the first boat) for each race will be two hours and thirty minutes for the C fleet and 2 hours for the MC, X and Laser fleets.

13.2 Boats failing to finish 30 minutes after the first boat sails the course and finishes will be assigned a finish position by the Race Committee. This changes RRS 35 and A4.

13.3 The maximum postponement for any race is 1 hour.

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 A boat intending to protest is requested to notify the Race Committee of its intention and identity of the protested boat(s) as soon as possible after finishing.
- 14.2 All protests and requests for redress shall be written. Forms are available from the Chief Judge.
- 14.3 Protests and requests for redress must be submitted to the Chief Judge or a member of the Race Committee within one hour after the finish of the race. This changes RRS 61.3 and 62.2.

15 SCORING

The Low Point System will be used to determine points for each race. First place shall receive 1 point and all other places will receive their place value for each race.

- 15.1 Each boat's series score shall be the total of her race scores, excluding her worst scores as follows:

	<u>Scores Excluded</u>	<u>Race Series</u>
	0	X Sunday, June, July, August, Overall
This changes	1	C, MC and X Saturday; Laser Thursday, Laser Sunday
RRS A2.	2	C, MC Sunday
	3	MC Wednesday

- 15.2 A DSQ is permitted to be used as an excluded race. This changes RRS 89.3.
- 15.3 If a boat did not start a race (DNS) or was disqualified (DSQ) she shall be scored points for a finishing place two more than the number of boats that started that particular race. This changes RRS A4.2.
- 15.4 If a boat did not finish a race (DNF) she shall be scored points for a finishing place one more than the number of boats that started in that particular race. This changes RRS A4.2.
- 15.5 A boat sailing in an off-lake regatta and missing a NLYC race may request to receive a finishing place for the non-sailed race equal to the average of the last three races sailed in any series rounded to the nearest place. This request must be written and submitted to the Chief Judge prior to the missed race.
- 15.6 For the Memorial Day, Fourth of July and Labor Day regattas two races will constitute a regatta in the event that one or more races are canceled.
- 15.7 Memorial Day regatta points are not included in series totals.
- 15.8 The C and MC Sunday series include Fourth of July, Small Lake and Labor Day races.
- 15.9 The X Saturday series includes all Saturday races, excluding Memorial Day races.
- 15.10 The X Sunday series includes all Sunday races, excluding Memorial Day races.
- 15.11 The X June, July and August series includes all races for that month, excluding Memorial Day, Fourth of July and Labor Day races.
- 15.12 The X Overall series includes all races, excluding Memorial Day races.

16 PENALTIES

- 16.1 A boat that receives outside help in the form of assistance in righting after capsizing may continue racing. This changes RRS 41.
- 16.2 A boat that has not performed penalty turns, but prior to a hearing acknowledges breaking a rule, will be penalized 50% of the number of boats entered rounded to the nearest place but not less than six places, except that she will not be scored worse than DNF.

17 TROPHIES

- 17.1 Trophies will be awarded for the first 3 places for each fleet for each series.
- 17.2 For single race regattas (Small Lake, Parents, Crew, etc) only a first place trophy will be awarded.
- 17.3 If three or less boats are registered for a given regatta, only a first place trophy will be awarded.